

What to watch out for this week.....

It's WORLD Food Day on Tuesday!

QEGS DINING HALL

This Week's Menu

WEEK BEGINNING 15th Oct 2018

	Monday	Tuesday	Snack Attack Wednesday	Traditional Thursday	Friday
Main Meal	Italian Chicken with Pasta or Jacket Wedges <i>MF</i> ★ <i>Garlic Bread 35p</i>	WORLD FOOD DAY See Special Menus	★ Roast Chicken Sub with Salad or Sage & Onion Stuffing	Dippin' Chicken with Corn Cob & Choice of Rice and Sauce on the Side! ★	Chicken Special or Sausage Chips!
Vegetarian	Fajita Veggie Sauce with Pasta ★	See Special Menus	Halloumi Cheese with Pesto Roasted Veg in a Sub	Macaroni Cheese & Veg	Healthy ★ Chef's Choice
Pasta Pot	Pasta Pronto <i>mf</i> ★	Pasta Pronto <i>mf</i> ★	Pasta Pronto <i>mf</i> ★	Pasta Pronto <i>mf</i> ★	Pasta Pronto <i>mf</i> ★
Pudding	Healthier Doughnut	Sticky Toffee Pudding	Cookie & Cake Day <i>MF</i>	Wrapped Belgian Waffle or Apple Crumble <i>MF</i>	Chocolate Swiss Roll with Vanilla Cream Filling

Menu is subject to change

ALLERGENS: *MF*= Milk Free *GF*=Gluten Free *N*= Contains Nuts ★ = Healthier

("Check the daily menu & counter labels" Always ask we can sometimes take out an ingredient e.g. cheese

